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### **Introduction**

A quiet time is the part of the day that we set aside for the worship of God, for the reading of the Word of God and for fellowship with God so that we would know Him more, know ourselves in light of Him, and know the world according to His perspective.

### **John 17:17**

### **Psalm 119:57-64**

1. God's word of \_\_\_\_\_ to us is the foundation of our receiving

\_\_\_\_\_ from Him (vs. 58).

2. God's word \_\_\_\_\_ us (vs. 59).

3. God's word is more powerful than \_\_\_\_\_ who would come

against us (vs. 61)

4. God's word leads us to \_\_\_\_\_ (vs. 62).

5. God's word leads us into the fellowship of \_\_\_\_\_ (vs. 63).

### **Meeting with God Core Seminar Schedule**

Week 1: Introduction: The What, Why and How of Meeting with God

Week 2: Meeting with God in His Word: Hearing and Reading

Week 3: Meeting with God in His Word: Studying, Meditating and Memorizing

Week 4: Meeting with God through Prayer

Week 5: Prayer, Hindrances and Practicalities

Week 6: Panel

## **I. Bible Intake**

### **Five Means of Bible Intake**

1. Hearing the Word
2. Reading
3. Studying
4. Meditating
5. Memorizing

#### ***Hearing the Word***

#### **OT Example:**

#### **NT Example:**

#### **Benefits:**

#### **Ways to Improve:**

1. \_\_\_\_\_
2. \_\_\_\_\_

#### **Reading the Word**

“Let the man who would hear God speak, read the Holy Scripture.”

- Martin Luther

## **Scriptural Basis**

Matthew 4:4

“Haven’t you read...?”

“It is written...”

### **Practical Suggestions**

#### **1. Find the time**

##### **a. When?**

##### **b. How long?**

#### **2. Make a plan**

#### **3. Meditate**